# THE FARM OPTION

## A Film by Dawn Green

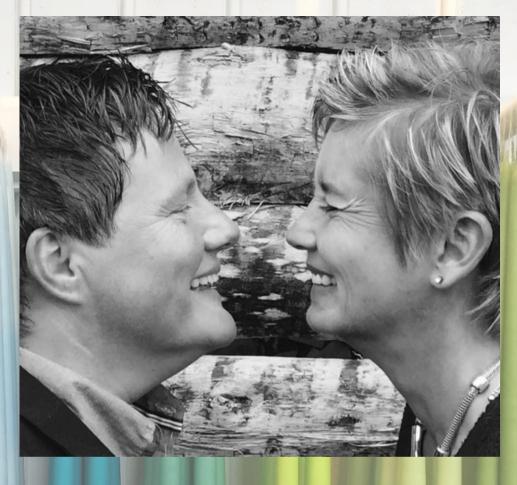
LOOK BOOK

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### INN PÅ TUNET



Bodil and Torgunn fell in love when they both worked for a famous candle making factory. It was a whirlwind romance. Bodil was an artisan, who made beautiful candles, while Torgunn, a marketer, traveled for work a lot. After a few years, the happy couple noticed that Bodil was having trouble remembering simple things and tasks at work. They sought out medical care and were devastated by the diagnosis. Bodil has early-onset Alzheimer's at the too-young age of 47.





# EXTERIORS

#### "Velkommen til Lillehov"











The film follows Bodil through a day at the licensed daily care farm, Lillehov, from her morning arrival in the van, to breakfast, walks, songs, group activities, and ongoing tasks like gardening and raising chicks for eggs. Torgunn and Dawn join the community for a meal and hike.

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#### ALMA'S HUS

Torgunn and Bodil visited Alma's Hus to learn about smart home technology and simple accommodations they could make to their home for Bodil's comfort.



Fredrikstad Coffeehouse that sponsors the monthly Memory Cafe



Bodil and Torgunn go to the Dementia Café in their town, and participate in group walks in their neighborhood.







Five years after first visiting Bodil and Torgunn, Torgunn shares the horrible effect the COVID pandemic had on their lives, the kindness of their local community, how Bodil's condition has progressed, and the deep concerns and extreme stress Torgunn experiences in her increasingly demanding role as a caregiver. She has left her job, and now feels even more uncertain about their future, even as she finds a new voice as an AAOD activist.

CONTACT: DAWN GREEN DAWNGREEN68@GMAIL.COM 650-906-8520

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